

Packing List



WORLD WIDE RIVER EXPEDITIONS

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The items specified on the packing list are sufficient for a successful whitewater adventure. Happiness is less, not more. All items from the packing list will fit into a nylon bag measuring 12"x12"x24" or less. Your bag should be made of a soft nylon or cordura, and no larger than the dimensions given above, about the size of a pillow case. Do not bring backpacks or suitcases to the river.

RECOMMENDED CLOTHING

- Swimming suits (shorts/sports top work great for women)
- Shorts – quick drying (nylon)
- 1 pair long pants – quick drying mostly for sun
- T – Shirts
- 1 long sleeve shirt – light weight for sun protection
- Sun hat – strap recommended
- River sandals or 2 pair (wet/dry) tennis shoes
- Socks/ Underwear
- Jacket/sweatshirt – fleece
- Rain poncho or waterproof jacket and pants

RECOMMENDED PERSONAL ITEMS

- Plenty of sunscreen & lip balm (SPF 15)
- Body lotion
- Toothbrush and toothpaste
- Biodegradable soap – such as Ivory
- Insect repellent
- Small towel & personal hygiene items
- Small pillow
- Disposable moist towelettes or baby wipes
- Kleenex – small travel packs
- Medication if needed
- Extra pair prescription glasses or contact lenses
- Sunglasses with safety strap
- Flashlight or headlamp with extra batteries
- Sport water bottle
- Camera with extra batteries and storage card
- Money for T-shirts, maps, stops at stores and gratuities at the end of the trip
- Medium zip lock bags – 5 or 6 for handy storage

ADDITIONAL ITEMS FOR EARLY SPRING TRIPS

- Socks – several pair (fleece, polyester, or wool)
- Stocking cap – (fleece, polyester or wool)
- Jacket – Fleece

EQUIPMENT YOU WILL RECEIVE

- | | |
|-------------------|-----------------------|
| ✓ Tent | ✓ Dry bag |
| ✓ Foam Pad or cot | ✓ Souvenir Mug |
| ✓ Sleeping Bag | ✓ Water Resistant Bag |
| ✓ Ground Cloth | |

PACKING INSTRUCTIONS

As there are limited options for storing items that can not be taken on the river, rafters need to be meticulous about following the suggested packing list and not over pack. At the orientation, you will receive a dry bag (water resistant, rubber gear bag) and a personal day bag, into which all of your clothing, personal items and some camping equipment that World Wide provides, will need to fit. All items needed for your river trip should fit into a soft nylon bag no larger than 12"x12"x24". This size soft nylon bag, plus your sleeping bag, foam pad and ground cloth will fit comfortably into the dry bag (water resistant gear bag) provided for your use on the river. All packaged liquors must also fit into your dry bag. **TRY NOT TO BRING GLASS.**

MOAB TRIPS

If you are traveling to other destinations following your river trip and have suitcases with you in Moab, most local hotels can store your luggage for you while you are on the river. If you have driven to Moab, you can lock your luggage in your vehicle and park it at our fenced in parking area during your river trip. Keep in mind it gets very hot in the desert and your cars are in an uncovered parking area. Keep items that can be damaged by heat either at your hotel or in our office.

A NOTE ABOUT BEVERAGES

World Wide River Expeditions does not provide beer, liquor or soda pop. However, there is an adequate supply of water and lemonade on each raft during the day. Because of space limitations on the rafts, we recommend beer and soda pop to be limited to **two (2) six-packs per person**. Wine and liquor should be packed in the nylon bag you bring your clothes in, and then stored in the river bags that contain your sleeping equipment. Do not bring glass. Coffee, tea and hot chocolate are available in camp, in addition to the water and lemonade.