

Packing List



WORLD WIDE RIVER EXPEDITIONS

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The items specified on the packing list are sufficient for a successful whitewater adventure. Happiness is less, not more. All items from the packing list will fit into a nylon bag measuring 12"x12"x24" or less. Your bag should be made of a soft nylon or cordura, and no larger than the dimensions given above, about the size of a pillow case. Do not bring backpacks or suitcases to the river.

RECOMMENDED CLOTHING

- Swimming suits (shorts/sports top work great for women)
- Shorts – quick drying (nylon)
- 1 pair long pants – quick drying mostly for sun
- T – Shirts
- 1 long sleeve shirt – light weight for sun protection
- Sun hat – with strap or string
- River sandals or 2 pair (wet/dry) tennis shoes
- Socks/ Underwear
- Jacket/sweatshirt – fleece
- Rain poncho or waterproof jacket and pants

RECOMMENDED PERSONAL ITEMS

- Plenty of sunscreen & lip balm (SPF 15)
- Body lotion
- Toothbrush and toothpaste
- Biodegradable soap – such as Ivory
- Insect repellent
- Small towel & personal hygiene items
- Small pillow
- Disposable moist towelettes or baby wipes
- Kleenex – small travel packs
- Medication if needed
- Extra pair prescription glasses or contact lenses
- Sunglasses with safety strap
- Flashlight or headlamp with extra batteries
- Sport water bottle
- Camera with extra batteries and storage card
- Money for T-shirts, maps, and stops at stores
- Medium zip lock bags – 5 or 6 for handy storage and/or feminine hygiene products

ADDITIONAL ITEMS FOR EARLY SPRING TRIPS

- Socks – several pair (fleece, polyester, or wool)
- Stocking cap – (fleece, polyester or wool)
- Jacket – Fleece

CAMPING EQUIPMENT YOU WILL NEED TO BRING FROM HOME

- ✓ Tent
- ✓ Sleeping Bag
- ✓ Foam Pad
- ✓ Ground Cloth

EQUIPMENT YOU WILL RECEIVE WHEN YOU ARRIVE IN MOAB

- ✓ Small dry bag for items used during the day
- ✓ Large dry bag used for your camping and personal items that will be needed at camp
- ✓ Souvenir mug – used for drinking water, lemonade, and possibly hot chocolate, tea, or coffee

PACKING INSTRUCTIONS

As there are limited options for storing items that can not be taken on the river, rafters need to be meticulous about following the suggested packing list and not over pack. At orientation you will receive a dry bag (water resistant, rubber gear bag) and a small personal dry bag, into which all of your clothing, personal items and camping equipment will need to fit. All items needed for your river trip should fit into a soft nylon bag no larger than 12"x12"x24". This size soft nylon bag, plus your sleeping bag, foam pad and ground cloth will fit comfortably into the dry bag (water resistant gear bag) provided for your use on the river.